

UU Wellspring Deep Questions

Day:

Time:

Zoom Link or Location:

Session	Date	Spiritual Practice Lead
Session One: Reconnecting and Opening Ritual		
Session Two: The inherent dignity and worth of every person		Facilitator leads
Session Three: Human Nature		
Session Four: Justice, equity and compassion in human relations		
Session Five: Forgiveness		
Session Six: New Year's Ritual		
Session Seven: Acceptance of One Another...		
Session Eight: Prayer		
Session Nine: Free and Responsible Search for Truth and Meaning		
Session Ten: Death and Dying		
Session Eleven: The Right of Conscience ...		
Session Twelve: Accountability		
Session Thirteen: World Community		
Session Fourteen: Sacred Activism		
Session Fifteen: The Interdependent Web		
Session Sixteen: Our Relationship to Ecology and the Planet		
Session Seventeen: Eighth Principle (optional)		
Session Eighteen: Closing and Farewell		

There are two primary books for this program:

- [*The Seven Principles in Word and Worship*](#), edited by Ellen Brandenburg (available through UUA Bookstore and other online sellers)
- [*Welcoming the Unwelcome*](#), by Pema Chodron.

Several optional books:

- [*Becoming: A Spiritual Guide for Navigating Adulthood*](#) edited by Kayla Parker (links needed are all available and provided)
- [*With Purpose and Principle: Essays about the Seven Principles of Unitarian Universalism*](#), edited by Edward A. Frost.
- [*After the Good News: Progressive Faith Beyond Optimism*](#) by Rev. Nancy McDonald Ladd.