



UU Wellspring for Youth

- 8 weeks, Jan. 17 to Mar. 7
- 8 sessions
- Meets Sundays, 4-5:30 PM on Zoom
- 1-1.5 hours, depending on size of the group

Commitment

- 6 out of 8 meetings
- 5 minutes a day (short spiritual practice)
- watch a couple of videos each week as prework

Benefits

- Develop Spiritual Practice
- Develop UU identity
- Opportunity to meet UUs from another congregation
- Beta testing is something you can put on your resume